



Reflective Conversations

about the second half of your life and what it means

The First Half of Your Life

Reflective Conversations mean taking time to think and talk about the first half of your life, so you can make the most of the second half.

Reflective Conversations involve walking in the woods on our quarter section, or having a conversation by a camp fire or sitting by the old homesteader's log cabin. They're conversations in a natural setting, away from life's normal noise.

They may mean considering the legacy you've received from others and what it means to you.

The Second Half of Your Life

We all approach the second half of life with our experience of the first half.

It's one thing to receive a legacy, but it's another thing to leave a deliberate legacy that will benefit generations to come. We may ask, 'What kind of legacy are you laying down for others?'

Reflective Conversations offer you time to speak, to be heard and to be understood. They're a time for you to find a new perspective and understand the meaning of your life a little bit more.

Growing With Wisdom

Wisdom is gained from 'the inside out' and from the 'outside in'. It develops, in part, through responding responsibly to experience. Increasing wisdom also involves self-awareness, awareness of others, sharpening your thinking skills and communication skills.

It's probably got something to do with humility and hope, too!

The Next Step?

[click on the youtube introduction to Reflective Conversations](#)

call today!



DEEP REFLECTIONS
WALK, TALK & LEARN

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